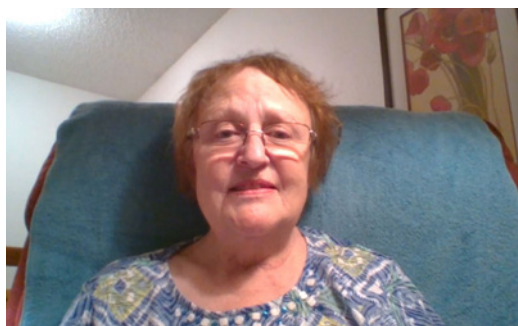


# CASE 9: HOME ENTERAL NUTRITION & MALNUTRITION



## Meet Lillie

**Case 9** addresses malnutrition in the context of Lillie, a 70-year-old retired nurse, who has breast cancer which metastasized to her bones, liver and lungs.

### PATIENT INFORMATION

**AGE:** 70 years old  
**WEIGHT:** 66 kg  
**HEIGHT:** 155 cm

### CASE MATERIALS

#### Learning Outcomes

##### Perspective

- » Routes of Enteral Feeding
- » Formulae
- » Nutrition Pres. for Enteral Feeding
- » Ethical Challenges of Nutrition Support in Palliative Care or End-of-Life Care
- » Quality of Life as an Aim of Medical Nutrition Therapy (Enteral Feeding)
- » Nutrition and Esophageal Disorders and Enteral Feeding

##### Mind Maps

- » Nutrition Assessment
- » Nutrition Diagnosis
- » Nutrition Intervention
- » Nutrition Monitoring & Evaluation

##### Resources

##### Story – Visit 1

Dietitian with Lillie and Caregiver

##### Story – Visit 2

Dietitian with Lillie and Caregiver

##### Story – Visit 3

Dietitian with Lillie and Caregiver

##### Diet History

### ACTIVITIES

#### First Visit

- 9.1** Nutrition Assessment Basics — Assessing Weight Status, Energy Needs, Protein & Fluid Needs
- 9.2** Malnutrition Assessment and Patient-Generated Subjective Global Assessment
- 9.3** Assessment of Quality of Life & Activities of Daily Living
- 9.4** Assessing Knowledge, Beliefs & Attitudes
- 9.5** Summarising Nutrition Assessment
- 9.6** Initial List of Nutrition Diagnosis and PES Statements
- 9.7** Nutrition Prescription and Aims
- 9.8** Nutrition Intervention
- 9.9** Nutrition Monitoring and Evaluation
- 9.10** Nutrition Progress Note — Initial Consultation
- 9.11** Video Describing Dumping Syndrome

#### Second Visit

- 9.12** Re-Assessment and Revising Medical Nutrition Therapy
- 9.13** Nutrition Progress Note — Second Consultation
- 9.14** Video Discussing Constipation

#### Third Visit

- 9.15** Re-Assessment & Re-focusing Medical Nutrition Therapy
- 9.16** Nutrition Progress Note — Third Consultation
- 9.17** Video Explaining How to Adjust Feeding During Transition to Oral Intake
- 9.18** Video Explaining Potential Improvements in Quality of Life (QOL)
- 9.19** Enteral Feeding Diet-Disease Relationship

