



6th Edition Handbook Errata

We wish to advise the following corrections.

Page 21:

In adults ≥ 65 y/o who are overweight/obese, adjusted body weight is routinely calculated with weight at BMI 25 kg/m². For adults ≥ 65 y/o it may be appropriate to use weight at BMI 24 to 30 kg/m².⁽²⁾

IBW (BMI 25 kg/m²)⁽¹⁾
 $[(ABW - IBW) \times 0.25^*] + IBW$

PERCENTAGE OF UBW
 $\% UBW = ABW/UBW \times 100$

No adjustment may be required for an OW patient with high lean body mass. An adjustment factor of 50% may be required with suspected higher muscle mass contributing to higher BMI.⁽²⁾

PERCENTAGE OF WEIGHT CHANGE
 $UBW (kg) - ABW (kg)/UBW (kg) \times 100$

Page 143:

DASH recommends the lower-sodium (1 500 mg), 2 000 kcal/day eating pattern for patients with hypertension, diabetes, CKD, those ≥ 51 years and people of African descent.⁽⁹⁾

Page 217:

Table 8.22 Prognosis of CKD by GFR and albuminuria category⁽²⁾

PROGNOSIS OF CKD BY GFR AND ALBUMINURIA CATEGORIES: KDIGO 2012	ALBUMINURIA CATEGORIES, DESCRIPTION AND RANGE		
	A1	A2	A3
	Normal to mildly increased	Moderately increased	Severely increased
	<30 mg/g <3 mg/mmol	30-300 mg/g 3-30 mg/mmol	>300 mg/g >30 mg/mmol

Chapter 4 Section Divider:

Conversion Factors

LENGTH

1 inch = 2.54 cm

12 inches = 1 foot

3 feet = 1 yard

1 foot = 0.305 m = 30.48 cm

1 meter = 3.28 feet

1 yard = 0.914 m

1 mile = 1.61 km

1 mm = 1/1000 m = 0.001 m

1 km = 1000 m

1 cm = 1/100 m

WEIGHT

1 ounce = 28.34 grams

1 fluid ounce = 29.6 mL

16 ounces = 1 pound

1 pound = 0.454 kg

14 pounds = 1 stone

1 stone = 6.35 kg = 14 lb

1 kilogram = 2.2 lb

1 gram = 1/1 000 kg

1 gram = 0.0353 ounces

1 short ton = 0.907 tonnes

Many thanks for making these changes to your 6th Edition Handbook of Clinical Nutrition and Dietetics.

Warmest regards,
Australian Dietitian